

Indian Institute of Cosmology,
Aesthetics and Nutrit



Because we Believe You Can!

Advance Diploma in Cosmetology & Trichology (ADCT)



A unique course covering all aspects of Clinical Cosmetology

3

Center

7

Year

3000+

Happy Students

How is course unique ?

- Most advanced course available to beauticians in India
- Very experienced faculty running her own chain of salons
- Most extensive course covering all the expansion possibilities for your salon
- Extensive hands on experience for all participants
- Special sessions on how to introduce these new skills in your current salon
- Sessions on how to convert your existing clients for these new services and how to attract new clients
- Unique online + offline approach for maximum convenience with extensive hands on experience
- Certificate provided to all participants

Course Content

MODUALE 01 COSMETOLOGY

- The skin: structure and anatomy
- Skin classification
- The skin aging causes and consequences
- Various skin conditions including acne, pigmentation, melasma, acne scars and others
- Analyzing skin using Dermascope
- Client consultations for skin
- Skin care products
- Recommending right skin routine to your clients
- Dermaplaning procedure
- Microdermabrasion and Hydrajet for skin rejuvenation
- Chemical peels - Types, classification, use for different skin conditions, combination peels progressive peeling
- Treating skin for various conditions - Acne, pigmentation issues, skin lightening, skin rejuvenation, anti aging
- Omega light and its use
- Combining various treatments for better results

MODUALE 02 ADVANCED AESTHETICS

- Introduction to Lasers
- Different types of Laser machines
- Laser safety procedures
- Permanent hair removal using Laser
- Tattoo removal using Laser
- Skin rejuvenation using Laser
- Pigmentation and acne treatments using Laser
- Combining LASER treatments with other options
- Microneedling introduction
- Using microneedling to rejuvenate skin
- Microneedling for scar removal
- Mesotherapy for skin rejuvenation
- RF, MNRF and HIFU for skin tightening and anti aging treatments
- Combination therapies for better results
- Medicated facials for your clients
 - MDA facial
 - Acne facial
 - Hydra facial
 - Carbon facial

MODUALE 03 TRICHOLOGY

- The hair: structure and anatomy
- Hair classification
- Life cycle of hair
- The hair aging causes and consequences
- Analyzing hair using Dermascope
- Client consultations for hair
- Food for healthy hair
- Hair care products
- Recommending right hair care routine to clients
- Basic hair problems Splitends, dull hair, dandruff
- Dandruff and its treatments
- Hair revitalization treatments
- Hair loss theory male and female pattern baldness
- Low level LASER therapy for hair loss
- Microneedling for hair loss
- Light therapy for hair loss

What can you do after the course

SOME POSSIBILITIES AFTER COMPLETING THE COURSE:

- Introduce these treatments in your own salon and take it to the next level
- Start a new Salon which offers normal and advanced treatments
- Partner with a doctor to start an aesthetics center
- Work for any large scale aesthetics chain as consultant and therapist



We ensure every comfort for our students to that your main focus is to attend the course

CENTER DETAILS

- Center is in the heart of the city with ample public transport
- We provide assistance to outstation candidates to find suitable accommodation for them
- Center is open from 9 AM to 6 PM from Monday to Saturday

Address

- **Pune**
No. 657/1/A, 3rd floor, Deccan Avenue Building, over bata showroom Deccan Gymkhana, Jangali Maharaj Road, Shivajinagar, Pune - 411004
- **Mumbai**
Unit 704, 7th Floor, Ellora Fiesta, Sector 11, Front of the Juinagar station , Navi Mumbai 400706
- **Mathura**
225/61 Opp. Patiram Shiv Mandir, Sonkh Road, Krishna Nagar, Mathura - 281004, Uttar Pradesh



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What we do is what makes us Mediocre or Great....

ABOUT US



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Indian Institute of Cosmetology,
Aesthetics and Nutrition

Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN)

Wellness and Beauty industry is thriving in India. It employs more than 10 Lakh people and is growing at a rate of 15% annually. We at Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN) have a vision of creating world class skills in the field of Wellness and Beauty industry. Our motto is to make our courses available to everyone and Empower them with the wealth of knowledge.

I2CAN courses are written with doctors in mind. These courses cover the widest spectrum of subjects in the industry ranging from advanced treatments in cosmetology, trichology, scientific weight management and nutrition. They are job oriented and impart right skills to individuals who are interested to work in Wellness and Beauty industry. These courses are equally helpful to entrepreneurs who want to setup their own practice.

**We strive to be the gold
standard in whatever we do**

SUPPORT AFTER COURSE COMPLETION

- 45 Day whatsapp support for all doctors after the end of their course
- Support in procurement of machines and material in case you need them for your center
- Marketing and lead generation support for your new Cosmetology Center if needed



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**You have arrived at the destination of
excellence**