

Indian Institute of Cosmology,
Aesthetics and Nutrit



Because we Believe You Can!

Post Graduate Diploma in Clinical Cosmetology (PGDCC)



A unique course covering all aspects of Clinical Cosmetology

3

Center

7

Year

3000+

Happy Students

How is course unique ?

- UNLIMITED LEARNING.... Once the fees is paid, you can attend this course as many times as you want. We will NEVER charge you anythign extra
- Comprehensive course to get you started in the field of Aesthetic medicine
- Practical course with right mix of theoretical knowledge and practical knowledge
- Very experienced and certified faculty
- 45 day Whatapp based support for all the students after course completion
- Extensive hands on experience for all participants
- Marketing knowledge
- Knowledge of setting up and running your center successfully
- Separate session to cover medico legal aspect extensively
- Clear and Transparent dealings

Clinical Cosmetology

BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

CAUTERIZATION

- Theory of cauterization
- Wart removal
- Mole removal

SKIN FUNDAMENTALS

- Anatomy and physiology of face
- Skin structure
- Skin aging
- Classification of skin
- Skin analysis
- How to do skin consultations

MECHANICAL EXFOLIATION

- MDA types
 - a. Suction by powder crystals
 - b. Diamond tip
- Hydrajet and Hydra facial & Oxy Hydrajet Peel
- Theory of exfoliation
- Exfoliation by peels

PRODUCT KNOWLEDGE

- Skin routine definition
- Important molecules in skin care products
- Product selection for skin conditions and type
- Sun screen and its usage

CHEMICAL PEELS

- Fundamentals of peels
- Classification of peels (superficial, medium and deep peeling)
- Application of peels
 - a. Preparation
 - b. Application
 - c. Post application care

USE OF BASIC MACHINES

- Dermascope and skin analysis
- Galvanic and Ultrasonic
- High Frequency

PIGMENTATION AND WHITENING

- Basics of pigmentation
- Types of pigmentation
- Freckles
- Treatments for pigmentation
- Whitening treatments
- Glutathione therapy
- Dermaplaning

ACNE AND RELATED TREATMENTS

- Fundamentals of acne
- Types of acne: papule, pustules
- Acne treatments

Advanced Aesthetics & Lasers

BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

LASER BASED PERMANENT HAIR REMOVAL

- PL and LASER based permanent hair removal for all areas of the body
- Treatment protocol for hair removal
- Precautions and considerations

LASER BASED SKIN REJUVENATION

- Skin toning
- Pigmentation treatment
- Acne and acne scar treatment
- Photofacial using IPL
- Carbon facial using Q Switched ND:YAG

TATTOO REMOVAL

- Classification of tattoos
- LASER selection for tattoo removal
- Treatment protocol for tattoo removal

LASER FUNDAMENTALS

- Core Knowledge of electromagnetic spectrum; photons; LASER and IPL
- The difference between LASER and IPL light therapy, and methods of applications for hair removal and skin rejuvenation treatments
- Recap of the anatomy and physiology of integumentary, endocrine, circulatory and lymphatic system in relation to light
- therapy treatments

LASER TREATMENT PREPARATION

- preparation of the therapist and client, working area
- Full consultation,
- Tissue analysis & fitzpatrick scale
- Contraindications
- Aftercare advice
- Clinical outcome
- Clinical side effects
- Full treatment protocol

OTHER ADVANCED TREATMENTS

- Mesotherapy for skin
- Platelet Rich Plasma (PRP) for skin
- Derma rollers for skin treatments
- Radio frequency and MNRF
- Ultrasonic fat removal
- LED light therapy
- Botox and Fillers fundamentals

Medical Trichology

BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

HAIR TREATMENT PROTOCOL

- Hair loss cause determination
- Minoxidil in hair loss
- Finasteride in hair loss
- How to develop overall treatment methodology
- Need to blood test in hair loss

HAIR FUNDAMENTALS

- Structure and function of hair follicle
- Hair life cycle
- Diseases of hair and scalp
- Causes of hair fall
- Alopecia and its types
- Food for hair
- Hair care for growth
- Impact of chemical treatments on hair quality

BASIC HAIR TREATMENTS

- Elasticity improvement
- Hydration therapy
- Treatment of dandruff
- Product knowledge for hair

ANAYSIS OF HAIR

- Diagnosis of hair fall and thinning of hair
- Hair analysis with trichoscope
- Hair consultation and treatment finalization

PRP AND MESOTHERAPY FOR HAIR RESTORATION

- Meso solutions and its impact
- Selection of right meso solution
- PRP overall approach
- PRP kit selection
- Suggested treatment protocol and PRP

CLASSIFICATION OF HAIR LOSS

- Classification of different hair loss patterns
- Androgenetic alopecia - male and female pattern hair loss
- Alopecia areata
- Traction alopecia
- Telogen e|luvium

OTHER ADVANCED TREATMENT

- Microneedling for hair restoration
- Low Level LASER therapy
- Theory of hair transplant
- Hifu Treatment

LASER BASED ANTI AGING TREATMENT

- Laser skin toning with Q-switch NDYAG laser.
- Rodio frequency and MNRF.
- HIFU ULtherapy for advance aging.

Student Speak

"I got everything I wanted. I can perform all the treatments I learned confidently now."

-Dr. Supriya Suppu - Thirupathi

"Faculty was very knowledgeable. I got all the practical knowledge I wanted to start my own center with confidence."

-Dr. Asmitaba Mori - Gujarat

"Had great hands on session. Center also helped me in every possible way to launch my center."

-Dr. Deepa Shah - Pune

"I was so happy that I also joined their microblading course. Great center to learn."

-Dr. Sukanya Mote - Osmanabad

"Faculty was very good. Center was very cooperative. Extensive hands on. They are still in touch and help me every time I ask them."

-Dr. Suryanarayan - Hyderabad

We ensure every comfort for our students to that your main focus is to attend the course

CENTER DETAILS

- Center is in the heart of the city with ample public transport
- We provide assistance to outstation candidates to find suitable accommodation for them
- Center is open from 9 AM to 6 PM from Monday to Saturday

Address

- **Pune**
No. 657/1/A, 3rd floor, Deccan Avenue Building, over bata showroom Deccan Gymkhana, Jangali Maharaj Road, Shivajinagar, Pune - 411004
- **Mumbai**
Unit 704, 7th Floor, Ellora Fiesta, Sector 11, Front of the Juinagar station , Navi Mumbai 400706
- **Mathura**
225/61 Opp. Patiram Shiv Mandir, Sonkh Road, Krishna Nagar, Mathura - 281004, Uttar Pradesh



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What we do is what makes us Mediocre or Great....

ABOUT US



Because we Believe You Can!

Indian Institute of Cosmetology,
Aesthetics and Nutrition

Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN)

Wellness and Beauty industry is thriving in India. It employs more than 10 Lakh people and is growing at a rate of 15% annually. We at Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN) have a vision of creating world class skills in the field of Wellness and Beauty industry. Our motto is to make our courses available to everyone and Empower them with the wealth of knowledge.

I2CAN courses are written with doctors in mind. These courses cover the widest spectrum of subjects in the industry ranging from advanced treatments in cosmetology, trichology, scientific weight management and nutrition. They are job oriented and impart right skills to individuals who are interested to work in Wellness and Beauty industry. These courses are equally helpful to entrepreneurs who want to setup their own practice.

**We strive to be the gold
standard in whatever we do**

SUPPORT AFTER COURSE COMPLETION

- 45 Day whatsapp support for all doctors after the end of their course
- Support in procurement of machines and material in case you need them for your center
- Marketing and lead generation support for your new Cosmetology Center if needed



Because we Believe You Can!

**You have arrived at the destination of
excellence**