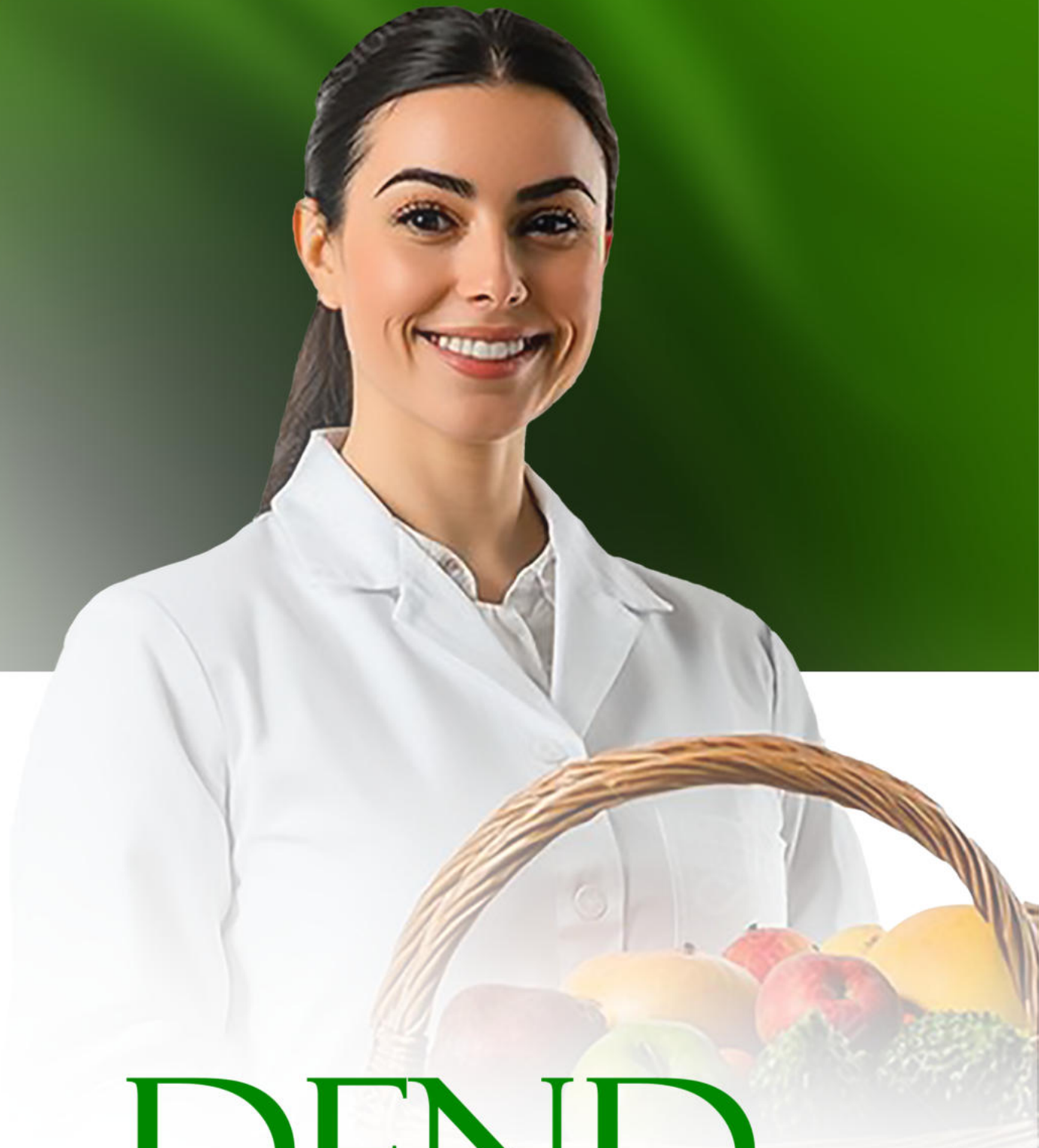




DFND

DIPLOMA IN FOOD NUTRITION
AND DIETETICS



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8484951323

A UNIQUE COURSE COVERING ALL ASPECTS OF FOOD NUTRITION & DIETETICS

7
CENTER

10000+
Happy Students

9
YEARS

HOW IS COURSE UNIQUE ?

- Practical course with right mix of theoretical knowledge and practical knowledge
- Extensive coverage of course content including all the advanced topics in the field
- Emphasis on making diet plans for patients with various clinical conditions
- Very experienced and certified faculty
- Unlimited Online support for all the students after course completion
- Clear and Transparent dealings

COURSE CONTENT

MODULE 1 : FUNDAMENTALS OF NUTRITION

- Nutrition , Nutrients , Calories.
- Macronutrients – CHO ,P, Fat.
- Micronutrients – Vitamins , Minerals.
- BMR and its Factors – calculating ,IBW,BMI,etc
- Menu planning, food pyramid , RDA For given population

MODULE-2 :- FOOD SCIENCE

- Cereals and Cereals Products
- Pulses
- Nuts and Oil Seeds Milk
- Milk products
- Eggs,Flesh foods (poultry, fish, meet)
- Vegetables Fruits , Sugar , Oil

MODULE-3 :- HUMAN ANATOMY AND PHYSIOLOGY

- The cell
- The digestive system
- The respiratory system
- The excretory system
- The cardiovascular system
- The Nervous system
- The Musculoskeletal system
- The reproductive system
- The endocrine system
- The integumentary system

MODULE-4 :- LIFECYCLE NUTRITION

- Nutrition in pregnancy + Diet plan
- Nutrition in Adolescents / adults + Diet plan
- Nutrition in Preschool / School going children + Diet plan
- Nutrition throughout Geriatrics population + Diet plan
- Nutrition in infants + Diet plan

MODULE - 5 :- MEDICAL NUTRITION THERAPY

- Importance of Therapeutic Diet
- Types of Therapeutic Diet
- Diet in Gastro Intestinal Treat
- Diet in Liver Diseases

MODULE- 6 :- MEDICAL NUTRITION THERAPY

- Diet in Obesity
- Diet in Diabetes Mellitus

MODULE - 7 :- MEDICAL NUTRITION THERAPY

- Diet in CVD(Cardiovascular disease)
- Kidney Disease

MODULE - 8 :- MEDICAL NUTRITION THERAPY

- Diet in ICU Nutrition
- Post Surgery Nutrition
- BURN
- COPD/Bronchitis

MODULE - 9 :-SKIN AND HAIR

- Introduction- Skin Damaging factors + Anti Aging Diet
- Acne & Oily Skin
- Melasma
- Eczema, Psoriasis
- Hairfall & Androgenic Alopecia

MODULE - 10 :-PSYCHIATRY NUTRITION

- Brain Function & Intro to Psychiatry Nutrition
- Foods For healthy mind & Nutrients For Brain
- Gut Health & Brain Connection
- Anxiety & Depression
- Autism
- Schizophrenia & Obsessive Compulsive Disorder

MODULE - 11 :-GYNECOLOGY NUTRITION

- Pre menstrual Syndrome
- Polycystic ovarian disorder
- Menopause
- Infertility
- Endometriosis
- Vaginal infections
- Urinary Tract Infections

MODULE - 13 :-AYURVEDIC NUTRITION

- Intro (Dravya), Nine Elements of body
- Body type – Based on Praketi
- Vatta Constitution–Diet
- Pitta Constitution–Diet
- Kapha Constitution–Diet

INTERNSHIP INTERNAL / EXTERNAL 2 MONTHS

● Presentation Topics Segregation

Topics for presentations will be pre-segregated.

● Internship

Internship is only for DFND.

● Camera Policy

Students must keep their cameras ON during:

- Menu planning and Calculations lecture
- Presentations
- Diet Counselling sessions
- Exams

● Assignment Submission

Requirement 100% assignment submission is mandatory.

(Only students who submit all assignments will be eligible to appear for the final exam.)

● Lecture Attendance & Recordings

- If no student attends a scheduled lecture:
- The session will not be recorded.
- The topic will be considered as completed.
- Only the PPT will be shared with students.

● Exam Passing Criteria

A minimum of 40% is required to pass the exam.

● Timely Submissions

All assignments must be submitted on or before the given deadline. Late submissions will not be accepted.

WE ENSURE EVERY COMFORT FOR OUR
STUDENTS TO THAT YOUR MAIN FOCUS IS
TO ATTEND THE COURSE

CENTER DETAILS

- Center is in the heart of the city with ample public transport
- We provide assistance to outstation candidates to find suitable accommodation for them
- Center is open from 9 AM to 6 PM from Monday to Saturday

ADDRESS

PUNE

No. 657/1/A, 3rd floor, Deccan Avenue Building, over bata showroom Deccan Gymkhana, Jangali Maharaj Road, Shivajinagar, Pune - 411004

MUMBAI

Unit 704, 7th Floor, Ellora Fiesta, Sector 11, Front of the Juinagar station , Navi Mumbai 400706

MATHURA

225/61 Opp. Patiram Shiv Mandir, Sonkh Road, Krishna Nagar, Mathura - 281004, Uttar Pradesh

HYDERABAD

Global House, 5-9-210/C, Chirag Ali Ln, Mahesh Nagar, Abids, Hyderabad, Telangana 500001

DELHI

1st floor, 457/1, main 100 Foota road, near shalimar palace, lal dora burari, new delhi, 110084

KERALA

Medmap, Ground floor, Kinfra Advanced Technology Park, Ramanatukara Kozhikode 673633

GUJARAT

2nd floor Safalya arcade Dabhoi- vadodra road Kapurai Gujarat-390004



www.iican.in



+91-8484951323



info@iican.in

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WHAT WE DO IS WHAT MAKES US
MEDIOCRE OR GREAT...



ABOUT US

Wellness and Beauty industry is thriving in India. It employs more than 10 Lakh people and is growing at a rate of 15% annually. We at Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN) have a vision of creating world class skills in the field of Wellness and Beauty industry. Our motto is to make our courses available to everyone and Empower them with the wealth of knowledge.

I2CAN courses are written with doctors in mind.

These courses cover the widest spectrum of subjects in the industry ranging from advanced treatments in cosmetology, trichology, scientific weight management and nutrition. They are job oriented and impart right skills to individuals who are interested to work in Wellness and Beauty industry. These courses are equally helpful to entrepreneurs who want to setup their own practice

WE STRIVE TO BE THE GOLD
STANDARD IN WHATEVER WE DO

SUPPORT *after course completion*

WHY CHOOSE IICAN?

Unlimited Learning: Our courses offer unrestricted training with flexible, self-paced study. Faculty members are certified professionals with industry expertise, emphasizing practical application.

Lifetime Online Support: Complimentary lifetime access to our online support portal is provided upon course completion.

Expert Consultation: For complex procedures, our panel of expert doctors provides clinical guidance and support.

Unlimited Hands-On : We deliver top-tier hands-on training with industry-aligned practices.

Lifelong Support: Ongoing academic and clinical support is provided to all students throughout their careers.

Clinical Partnerships: We are proudly associated with 32 leading clinic chains, offering strong industry connections to support your professional journey.

Globally Accredited: i2can is registered under IAO – International Accreditation Organization, Emirates International Accreditation Centre, LMS Assessments, IAF, ISO 9001:2015, and the International Education Board.

