



# ADCND

ADVANCE DIPLOMA IN CLINICAL  
NUTRITION AND DIETETICS



[WWW.IICAN.IN](http://WWW.IICAN.IN)



8484951323

# A UNIQUE COURSE COVERING ALL ASPECTS OF CLINICAL NUTRITION & DIETETICS

**7**  
CENTER

**10000+**  
Happy Students

**9**  
YEARS

## HOW IS COURSE UNIQUE ?

- Practical course with right mix of theoretical knowledge and practical knowledge
- Extensive coverage of course content including all the advanced topics in the field
- Emphasis on making diet plans for patients with various clinical conditions
- Very experienced and certified faculty
- Unlimited Online support for all the students after course completion
- Clear and Transparent dealings

## COURSE CONTENT

### INTRODUCTION TO NUTRITION SCIENCE

- Fundamentals of Nutrition
- Macronutrient and Micronutrient and its deficiencies
- Food Pyramid
- Recommended dietary allowance for nutrients

### MEALPLANNING

- BMI, IBW, Calorie Calculations
- Macronutrient Calculation
- Exchange list
- Menu planning
- Assignments

### NUTRITIONAL ASSESSMENT

- Body weight evaluation and indications
- Body mass index and determining
- Ideal Body Weight (IBW) based on height to weight
- Standard body weight (SBW)
- determination
- Estimation of energy, protein and fat requirement

# THE NUTRIENTS

- Carbohydrates
- Fats and other lipids
- Proteins and amino acids
- Energy metabolism
- Fat soluble vitamins
- Water soluble vitamins
- Major and trace minerals
- Water, fluids, electrolytes and acid-base balance
- Disorders of nutrition  
(Protein energy malnutrition)

# MEDICAL NUTRITION THERAPY

- ICU Diet and Types of Hospital Diet
- Copd Bronchitis
- Food and Brain
- Diet in PMS and Menopause

## LIFECYCLE NUTRITION

- Nutrition in pregnancy + Diet plan
- Nutrition in Adolescents / adults + Diet plan
- Nutrition in Preschool / School going children + Diet plan
- Nutrition throughout Geriatrics population + Diet plan
- Nutrition in infants + Diet plan

## MEDICAL NUTRITION THERAPY

- Diet for Gastrointestinal disorders.
  - a. Constipation
  - b. Diarrhoea
  - c. Irritable Bowel syndrome
- Metabolic Disorders
- Diabetes and Thyroid.
  - a. Diet for Diabetes mellitus
  - b. Diet for Thyroid
- Diet for Cardiovascular diseases.
  - a. Hypertension
  - b. Atherosclerosis
  - c. Dislipidemia
- Diet for kidney disorders
  - a. End stage renal disease  
(Chronic renal failure)
  - b. Dialysis
- Diet for Gout/Arthritis
- Diet for Liver diseases
  - a. Cirrhosis
  - b. Hepatitis
  - c. ALD (Alcoholic Liver Disease)
- Diet for Obesity
- Diet for Cancer

### ● Presentation Topics Segregation

Topics for presentations will be pre-segregated.

### ● Internship

Internship is only for DFND.

### ● Camera Policy

**Students must keep their cameras ON during:**

- Menu planning and Calculations lecture
- Presentations
- Diet Counselling sessions
- Exams

### ● Assignment Submission

**Requirement 100%** assignment submission is mandatory.

( Only students who submit all assignments will be eligible to appear for the final exam. )

### ● Lecture Attendance & Recordings

- If no student attends a scheduled lecture:
- The session will not be recorded.
- The topic will be considered as completed.
- Only the PPT will be shared with students.

### ● Exam Passing Criteria

A minimum of 40% is required to pass the exam.

### ● Timely Submissions

All assignments must be submitted on or before the given deadline. Late submissions will not be accepted.

WE ENSURE EVERY COMFORT FOR OUR  
STUDENTS TO THAT YOUR MAIN FOCUS IS  
TO ATTEND THE COURSE

## CENTER DETAILS

- Center is in the heart of the city with ample public transport
- We provide assistance to outstation candidates to find suitable accommodation for them
- Center is open from 9 AM to 6 PM from Monday to Saturday

## ADDRESS

### PUNE

No. 657/1/A, 3rd floor, Deccan Avenue Building, over bata showroom Deccan Gymkhana, Jangali Maharaj Road, Shivajinagar, Pune - 411004

### MUMBAI

Unit 704, 7th Floor, Ellora Fiesta, Sector 11, Front of the Juinagar station , Navi Mumbai 400706

### MATHURA

225/61 Opp. Patiram Shiv Mandir, Sonkh Road, Krishna Nagar, Mathura - 281004, Uttar Pradesh

### HYDERABAD

Global House, 5-9-210/C, Chirag Ali Ln, Mahesh Nagar, Abids, Hyderabad, Telangana 500001

### DELHI

1st floor, 457/1, main 100 Foota road, near shalimar palace, lal dora burari, new delhi, 110084

### KERALA

Medmap, Ground floor, Kinfra Advanced Technology Park, Ramanatukara Kozhikode 673633

### GUJARAT

2nd floor Safalya arcade Dabhoi-vadodra road Kapurai Gujarat-390004



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WHAT WE DO IS WHAT MAKES US  
MEDIocre OR GREAT...



## ABOUT US

Wellness and Beauty industry is thriving in India. It employs more than 10 Lakh people and is growing at a rate of 15% annually. We at Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN) have a vision of creating world class skills in the field of Wellness and Beauty industry. Our motto is to make our courses available to everyone and Empower them with the wealth of knowledge.

I2CAN courses are written with doctors in mind.

These courses cover the widest spectrum of subjects in the industry ranging from advanced treatments in cosmetology, trichology, scientific weight management and nutrition. They are job oriented and impart right skills to individuals who are interested to work in Wellness and Beauty industry. These courses are equally helpful to entrepreneurs who want to setup their own practice

WE STRIVE TO BE THE GOLD  
STANDARD IN WHATEVER WE DO

# SUPPORT

*after course completion*

## WHY CHOOSE IICAN?

**Unlimited Learning:** Our courses offer unrestricted training with flexible, self-paced study. Faculty members are certified professionals with industry expertise, emphasizing practical application.

**Lifetime Online Support:** Complimentary lifetime access to our online support portal is provided upon course completion.

**Expert Consultation:** For complex procedures, our panel of expert doctors provides clinical guidance and support.

**Unlimited Hands-On :** We deliver top-tier hands-on training with industry-aligned practices.

**Lifelong Support:** Ongoing academic and clinical support is provided to all students throughout their careers.

**Clinical Partnerships:** We are proudly associated with 32 leading clinic chains, offering strong industry connections to support your professional journey.

**Globally Accredited:** i2can is registered under IAO – International Accreditation Organization, Emirates International Accreditation Centre, LMS Assessments, IAF, ISO 9001:2015, and the International Education Board.

