



PGDAM

POST GRADUATE DIPLOMA IN
AESTHETIC MEDICINE
(Formerly PGDCC)

WE STRIVE TO BE THE GOLD
STANDARD IN WHATEVER WE DO

SUPPORT

after course completion

WHY CHOOSE IICAN?

Unlimited Learning: Our courses offer unrestricted training with flexible, self-paced study. Faculty members are certified professionals with industry expertise, emphasizing practical application.

Lifetime Online Support: Complimentary lifetime access to our online support portal is provided upon course completion.

Expert Consultation: For complex procedures, our panel of expert doctors provides clinical guidance and support.

Unlimited Hands-On : We deliver top-tier hands-on training with industry-aligned practices.

Lifelong Support: Ongoing academic and clinical support is provided to all students throughout their careers.

Clinical Partnerships: We are proudly associated with 32 leading clinic chains, offering strong industry connections to support your professional journey.

Globally Accredited: i2can is registered under IAO – International Accreditation Organization, Emirates International Accreditation Centre, LMS Assessments, IAF, ISO 9001:2015, and the International Education Board.

HOW IS COURSE UNIQUE ?

- UNLIMITED LEARNING.... Once the fees is paid, you can attend this course as many times as you want. We will NEVER charge you anythign extra
- Comprehensive course to get you started in the field of Aesthetic medicine
- Practical course with right mix of theoretical knowledge and practical knowledge
- Very experienced and certified faculty
- lifetime online/virtual support for all the students after course completion
- Extensive hands on experience for all participants
- Marketing knowledge
- Knowledge of setting up and running your center successfully
- Separate session to cover medico legal aspect extensively
- Clear and Transparent dealings

COURSE CONTENT

CLINICAL COSMETOLOGY

BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

SKIN FUNDAMENTALS

- Anatomy and physiology of face
- Skin structure • Skin aging
- Classification of skin • Skin analysis
- How to do skin consultations

CAUTERIZATION

- Theory of cauterization
- Wart removal
- Mole removal

MECHANICAL EXFOLIATION

- MDA types
 - a. Suction by powder crystals
 - b. Diamond tip
- Hydrajet and Hydra facial & Oxy Hydrajet Peel
- Theory of exfoliation
- Exfoliation by peels

PRODUCT KNOWLEDGE

- Skin routine definition
- Important molecules in skin care products
- Product selection for skin conditions and type
- Sun screen and its usage

USE OF BASIC MACHINES

- NO needle mesotherapy
- Infrared Light

ACNE AND RELATED TREATMENTS

- Fundamentals of acne
- Types of acne: papule, pustules
- Acne treatments

CHEMICAL PEELS

- Fundamentals of peels
- Classification of peels (superficial, medium and deep peeling)
- Application of peels
 - a. Preparation
 - b. Application
 - c. Post application care

PIGMENTATION AND WHITENING

- Basics of pigmentation
- Types of pigmentation
- Freckles
- Treatments for pigmentation
- Whitening treatments
- Glutathione therapy

LASER BASED ANTI AGING TREATMENT

- Laser skin toning with Q-switch NDYAG laser
- Radio frequency and MNRF.
- HIFU ULtherapy for advance aging.

ADVANCED AESTHETICS & LASERS

BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

LASER BASED PERMANENT HAIR REDUCTION

- IPL and LASER based permanent hair reduction for all areas of the body
- Treatment protocol for hair reduction
- Precautions and considerations

LASER TREATMENT PREPARATION

- preparation of the therapist and client, working area

LASER FUNDAMENTALS

- Core Knowledge of electromagnetic spectrum; photons; LASER and IPL
- The difference between LASER and IPL light therapy, and methods of applications for hair reduction and skin rejuvenation treatments
- Recap of the anatomy and physiology of integumentary, endocrine, circulatory and lymphatic system in relation to light
- therapy treatments

- Full consultation
- Contraindications

- Tissue analysis & fitzpatrick scale
- Clinical outcome
- Clinical side effects
- Aftercare advice
- Full treatment protocol

TATTOO REMOVAL

- Classification of tattoos
- LASER selection for tattoo removal
- Treatment protocol for tattoo removal

OTHER ADVANCED TREATMENTS

- Microneedling with Mesotherapy for skin
- Platelet Rich Plasma (PRP) for skin
- Derma rollers vs derma pen for skin treatment
- Radio frequency and MNRF
- Ultrasonic fat removal/HIFU Treatment
- LED light therapy
- Botox and Fillers fundamentals (No Hands-on)
- Introduction of Exosomes and GFC

MEDICAL TRICHOLOGY

BASIC HYGIENE

- Professional ethics
- Personal and clinic hygiene
- Sterilization and sanitation
- Client handling and people skills
- Bacteriology

HAIR FUNDAMENTALS

- Structure and function of hair follicle
- Hair life cycle
- Diseases of hair and scalp
- Causes of hair fall
- Alopecia and its types
- Food for hair
- Hair care for growth
- Impact of chemical treatments on hair quality

ANAYSIS OF HAIR

- Diagnosis of hair fall and thinning of hair
- Hair analysis with trichoscope
- Hair consultation and treatment finalization

CLASSIFICATION OF HAIR LOSS

- Classification of different hair loss patterns
- Androgenetic alopecia - male and female pattern hair loss
- Alopecia areata • Traction alopecia
- Telogen effluvium

HAIR TREATMENT PROTOCOL

- Hair loss cause determination
- Minoxidil in hair loss
- Finasteride in hair loss
- How to develop overall treatment methodology
- Need to blood test in hair loss

BASIC HAIR TREATMENTS

- Elasticity improvement
- Treatment of dandruff
- Product knowledge for hair

PRP AND MESOTHERAPY FOR HAIR RESTORATION

- Meso solutions and its impact
- Selection of right meso solution
- PRP overall approach
- PRP kit selection
- Suggested treatment protocol and PRP

OTHER ADVANCED TREATMENT

- Microneedling for hair restoration
- Low Level LASER therapy
- Theory of hair transplant

WE ENSURE EVERY COMFORT FOR OUR STUDENTS TO THAT YOUR MAIN FOCUS IS TO ATTEND THE COURSE

CENTER DETAILS

- Center is in the heart of the city with ample public transport
- We provide assistance to outstation candidates to find suitable accommodation for them
- Center is open from 9 AM to 6 PM from Monday to Saturday

ADDRESS

PUNE

No. 657/1/A, 3rd floor, Deccan Avenue Building, over bata showroom Deccan Gymkhana, Jangali Maharaj Road, Shivajinagar, Pune - 411004

MUMBAI

Unit 704, 7th Floor, Ellora Fiesta, Sector 11, Front of the Juinagar station , Navi Mumbai 400706

WHAT WE DO IS WHAT MAKES US
MEDIocre OR GREAT...



ABOUT US

Wellness and Beauty industry is thriving in India. It employs more than 10 Lakh people and is growing at a rate of 15% annually. We at Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN) have a vision of creating world class skills in the field of Wellness and Beauty industry. Our motto is to make our courses available to everyone and Empower them with the wealth of knowledge.

I2CAN courses are written with doctors in mind.

These courses cover the widest spectrum of subjects in the industry ranging from advanced treatments in cosmetology, trichology, scientific weight management and nutrition. They are job oriented and impart right skills to individuals who are interested to work in Wellness and Beauty industry. These courses are equally helpful to entrepreneurs who want to setup their own practice